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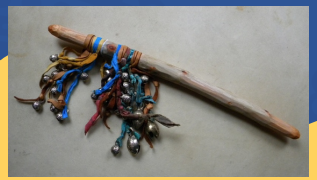
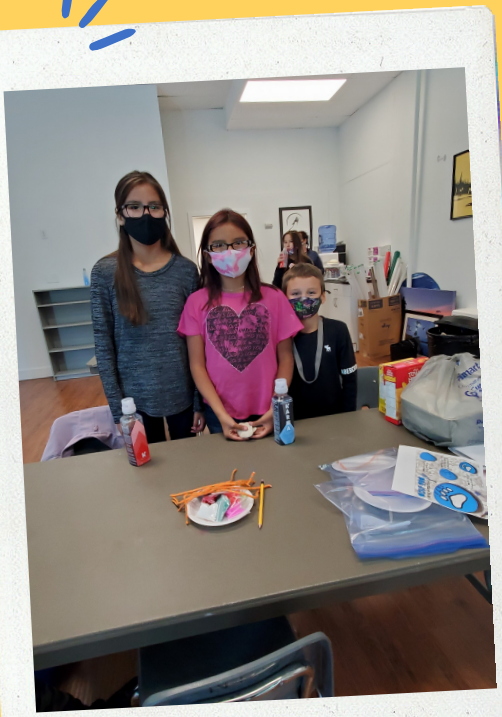


Program Activities:
(not limited to)
-One to one counselling
-Family centered counselling
-Age appropriate culture- based activities
-Group Workshops
-Support Circles

Indigenous Children's Wellness Program



FOR CHILDREN AGES 7-14

CULTURAL ACTIVITIES!!

Activities offered: (not limited to)

-Rock painting
-Seven Grandfather Teaching workshops
-Painting on canvas
-Coloring
-Contests and prizes every week!
-Group workshops with Elders
-Outdoor activities
-Crafts
-Smudging
-Reading

Children are gifts from the Creator. Children are the collective future for the next seven generations in which Friendship Centres can be the supports in their healthy community.

PROGRAM OBJECTIVES

CHILDREN WILL LEARN TO IDENTIFY THE EFFECTS OF VIOLENCE

Children will learn to identify the effects of violence and develop healthy coping skills.

INCREASED HEALTHY AND RESPECTFUL RELATIONSHIPS

Children and their families will learn healthy ways to communicate through a holistic model of care that is underpinned by cultural knowledge.

COMMUNITY PARTNERSHIPS

Children will develop a sense of belonging in the community.