October 2021

"Serving Indigenous people in the City of Kenora for over 44 years"

The Red Eagle

Ne-Chee Friendship Centre Newsletter

Falling Leaves Moon

BIINAAKWE-GIIZIS

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As every creature prepares for the coming fasting ground, we are reminded to prepare ourselves for our spiritual path by learning the sacred teachings and songs that will sustain us. This moon is also known as, Drying Rice Moon, Migrating Moon, and Ice Moon. This October the full moon is also called The Hunters Moon. The Hunters Moon always follows the Harvest Moon. This moon signals a time to go hunting in preparation for the winter ahead.

THINGS TO REMEMBER

Office CLOSED on

Friday October 1st for Signing of Treaty #3 & Monday October 11th for Thanksgiving

Grand Council Treaty #3 was planned to be the first post-Confederation treaty, but the Anishinaabe held firm that they would not cede lands, nor allow farming or settlement, in their territory. On October 3, 1873, the 55,000 square miles of territory agreed to be shared between the Anishinaabe and the British.

~Source: Grand Council Treaty #3 Website~

Brianna Boucha

Restorative Justice Liaison & Criminal Courtworker

Brianna's employment history with the Friendship Centre started February 5, 2014, as a Career Developer with the Apatisiwin Program. 2017 to 2018 she was the Coordinator of our Youth Justice Program; Bail Residency Manager in 2018; Criminal Courtworker in 2019 and then June 2021 to present; as well as RJ Liaison Coordinator from February 2020 till present. Brianna has left the Friendship Centre a few times to pursue other employment opportunities but has come back which we are very grateful for. Brianna brings a wealth of knowledge with her that not only benefits her clients but her co-workers and Management as well. Brianna has many attributes...determination, resolution, and strong work ethic just to name a few. I appreciate the dedication Brianna has demonstrated in every position she has held here at the Friendship Centre, and I know she can always be counted on to give more than 100% to her position and the Friendship Centre as a whole. Migwetch Brianna for your perseverance, commitment, and devotion to Ne-Chee Friendship Centre.
Patti Fairfield, Executive Director

Boozhoo,
My name is Brianna Boucha and I have 4 beautiful children whom I love to the moon and back. I went to college for Medical Administration in 2008 and earned my Career Coach Certificate in 2013. After college I worked in the Employment Services for 3 years before starting at Ne-Chee. I was hired in February 2014 as the Career Developer with the Apatisiwin Program. In 2017 I transitioned to Ne-Chee's Justice Department where I've worked in Youth Justice, Courtwork, Bail, and I'm currently working as the Restorative Justice Liaison and as a Criminal Courtworker. I've met so many wonderful people during my time at Ne-Chee and have built some long lasting friendships. I love the atmosphere; the work is rewarding but most importantly the clients and my co-workers make coming to work every day enjoyable

Favorite Quote? "Don't burn your bridges, you never know when you'll have to cross that bridge again."

Hobbies? "I enjoy spending time on the lake with my family. I love fishing, having shore lunches and exploring the lake."

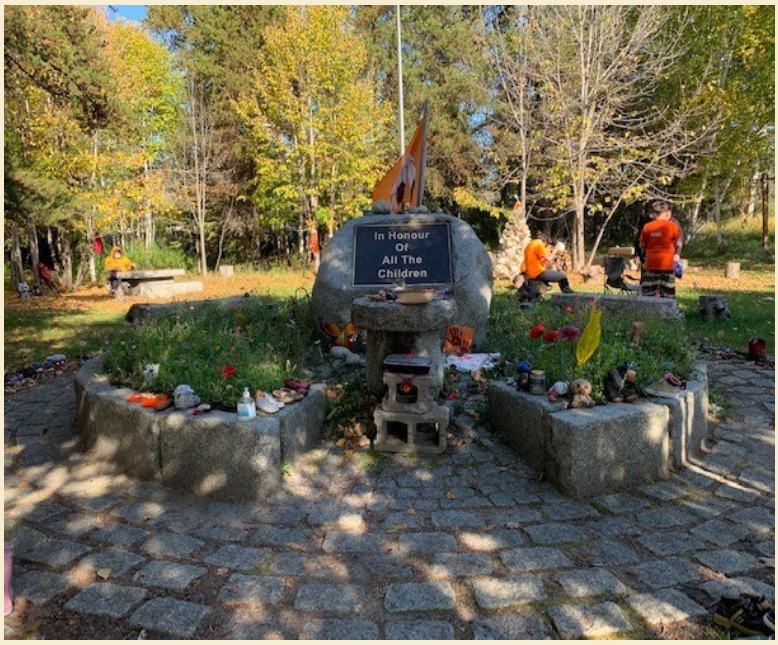
Favorite Book? "Keeper n Me, by Richard Wagamesse."

Bucket List? "To see the Eiffel Tower."

A.S.S.P

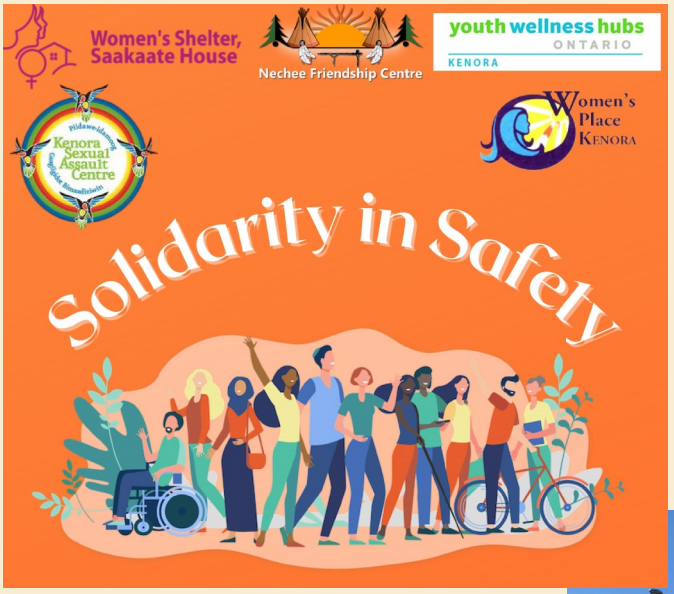
A.S.S.P (Alternative Secondary School Program) went on a field trip with A.C.E (Alternative Education Class) to CJ Memorial with Elder, Cathy Lindsey. This allowed students and staff to recognize Truth, Reconciliation and to honour the children who attended residential schools and the long lasting impacts it has had on Indigenous people. A.S.S.P staff are grateful to all who attended and would like to thank David Friesen for driving and taking photos.

A.S.S.P



Life Long Care

Life Long Care workers Tamsen Unrau & Carolyn Rodger have been busy cooking and crafting with their clients. Recently they made fall wreaths, they also had a day of bingo, puzzles and plenty of good food.



Community Events
Take Back the Night

Ne-Chee Friendship Centre's Indigenous Healing & Wellness Coordinator Emily O'Connor participated in "Take Back The Night" on September 22nd. This event is to bring awareness and combat sexual violence against women.

If you are in need of support from the Kenora Sexual Assault Centre please call 468-7958 or the 24hr crisis line at 1-807-468-7233

In the Kitchen
At The Bail Residency

Creamy Mushroom and Wild Rice Soup

Directions:

Melt 1/4 cup butter in large soup pot, add carrots, onion, celery, and minced garlic, fry 2-5 minutes on medium heat. Add mushrooms and all the herbs and spices, cook until mushrooms appear to have lost 50% of their volume. Make space in bottom of pot and add melt the remaining 1/4 cup of butter, and add the flour making a *roux , add all liquid ingredients and the wild rice and simmer on low for 20-25 minutes.

Recipe submitted by Dylan Ricklef our Bail Residency Cook

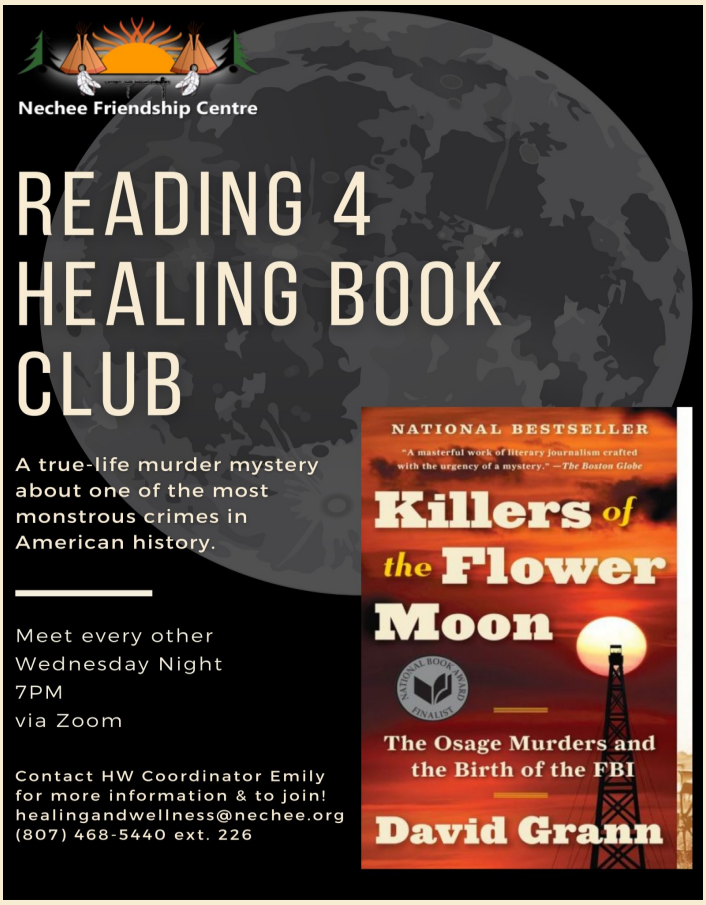
Ingredient List:
2 medium yellow onions (diced)
2 carrots (diced)
6 stalks of celery (diced)
6-7 cups sliced fresh mushrooms
4 cloves or 1tbsp minced garlic
2 1/2 tsp dried rosemary
1 tbsp ground sage
1 1/2 tsp dried thyme
1 1/2 tsp dried basil
1/2 cup butter
3 bay leaves
3/4 tsp garlic powder
1/2 tsp onion powder
2 1/2 litres chicken stock
500 ml 2 % milk
300 ml 36 % cream (whipping cream)
5-6 cups cooked wild rice
1/4 cup all purpose flour

*Roux: Equal parts fat and flour (the fat could be butter/oil/drippings) when cooking the flour in the fat the fat coats the flours starch granules. This prevents lumps from forming when liquid is added to make soups, stews, gravy's etc. Cook the flour in the fat until the raw flour cooks out, usually this takes a few minutes.

The Bail Residency

The Bail Residency residents had a good time decorating their doors for Halloween.
1st place “Clown Circus” (middle picture)
2nd place “Escape” (one with the severed arm)
3rd place “Pleasant Halloween” (Leaves & Clouds)

Program Announcements



ORANGE SHIRT DAY

September 30th

Every Child Matters

September 30th is a day of remembrance, reflection, action and learning. Since 2013 September 30th has been known as Orange Shirt Day. It is a day to recognize the tragic history and long-standing effects of residential schools, and the orange shirt symbolizes resiliency and a way to honour those impacted by residential schools.

Ne-Chee Friendship Centre

EVERY CHILD MATTERS

Staff Directory

For details about current job postings please visit us at www.nechee.org or find us on our facebook page.

COURT WORKERS Courthouse # 468-9657 NFC # 468-5440			
Amy Kristalovich	Criminal Courtworker (464-0585)	criminalcourtwork2@nechee.org	Ext. 256
Brianna Boucha	Criminal Courtworker (464-0069)	criminalcourtwork@nechee.org	Ext. 220
Open	Family Courtworker	familycourtwork@nechee.org	Ext. 233
JAIL WORKERS Jail # 468-2871			
Meagan Lacombe	Native Inmate Liaison Officer	Kenora2-Nilo@ontario.ca (468-2871) ext 231	
Theresa Jamieson	Native Inmate Liaison Officer	Kenora-Nilo@ontario.ca (468-2871) ext 315	
Open	Drug, Education & Living Worker	Kenora.DEAL@ontario.ca (468-2871) ext 314	
JUSTICE PROGRAMS NFC # 468-5440			
Raquel Leutschaft	BVSP Supervisor	bvsp@nechee.org (464-1908)	Ext. 243
Loy Herbacz	Bail Verification & Supervision Worker	bailcoordinator@nechee.org (464-5849)	Ext. 242
Jake Tellier	Bail Supervision Case Manager	bailcasemanager@nechee.org(464-1854)	Ext. 241
Brady Myles	Indigenous Community Justice	communityjustice@nechee.org(464-4371)	Ext. 245
Brianna Boucha	Restorative Justice Liaison	RJLiaison@nechee.org (464-0069)	Ext. 245
Open	Kizhaay Anishinaabe Niin Coordinator	kizhaayniin@nechee.org	Ext. 246
BAIL RESIDENCY # 468-4619			
Steve Carnegie	Bail Residency Manager	brp@nechee.org (464-4880)	
Chris Bennett	Bail Residency Worker	bailaftercareworker@nechee.org	
Dayna Jamieson	Bail Residency Worker	bailaftercareworker@nechee.org	
Robert Lauren	Bail Residency Worker	bailaftercareworker@nechee.org	
Aden Zacharuk-Lessing	Bail Residency Worker	bailaftercareworker@nechee.org	
Cass King	Bail Residency Worker	bailaftercareworker@nechee.org	
Erin Redsky	Bail Residency Worker	bailaftercareworker@nechee.org	
Dylan Ricklef	Bail Residency Cook/Life Skills	lifeskills@nechee.org	
HEALTH PROGRAMS NFC # 468-5440			
Carolyn Rodger	Lifelong Care Program	lifelongcare@nechee.org (407-1443)	Ext. 228
Tamsen Unrau	Lifelong Care Program	lifelongcare2@nechee.org (407-1442)	Ext. 227
Emily O'Connor	Indigenous Healing & Wellness Program	healingandwellness@nechee.org	Ext. 226
Al Sayers	Cultural Resource Program	cultural@nechee.org	Ext. 225
Calisha Wilcott	Urban Aboriginal Healthy Living	uahl@nechee.org	Ext. 230
Amy Kristalovich	Mental Health Peer Support Coordinator	criminalcourtwork@nechee.org	Ext. 256

Staff Directory

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ADMINISTRATION NFC # 468-5440			
Patti Fairfield	Executive Director	aces@nechee.org (807) 407-2482	Ext. 222
Aurea Dufresne-Fedus	Finance	finance@nechee.org	Ext. 224
Crystal Page	Office Administrator	OfficeAdmin@nechee.org	Ext. 223
Janet Shodin	Administrative Assistant	reception@nechee.org	Ext. 221
CHILDREN and YOUTH PROGRAMS NFC # 468-5440			
Sheri McNeill	Akwe:go Children's Program	akwego2@nechee.org	Ext. 234
Stacey Francis	EarlyON Program	earlyon@nechee.org	Ext. 235
Lauren Hansen	EarlyON/Sioux Narrows/Nestor Falls	earlyonsn@nechee.org (807) 276-4425	
Sunny Copenace	Family Support Program Coordinator	familysupport@nechee.org	Ext. 236
Savannah Morrison	Family Support Program Assistant	familysupport2@nechee.org	Ext. 236
Ashlynne Surovy	Indigenous Healthy Babies Program	healthybabies@nechee.org	Ext. 237
Pam Rittau	Indigenous Children's Wellness Program	icw@nechee.org	Ext. 238
Kristin Ross	Wasa-Nabin Youth Program	wasa-nabin@nechee.org	Ext. 239
David Friesen	Youth Life Promotion Program	youthlife@nechee.org	Ext. 240
EMPLOYMENT and EDUCATION NFC # 468-5440			
Dalaney Smith	Apatisiwin Employment Counsellor	employmentcounsellor@nechee.org	Ext. 248
Jasmine Scheurmann	Apatisiwin Youth Employment Counsellor	youthemployment@nechee.org	Ext. 247
Becky Gartner	Alternative Secondary School Counsellor	education@nechee.org	Ext. 231
BOARD OF DIRECTORS			
Keith Singleton	Vice President	Board Email: bod@nechee.org	
Vanessa Baxter	Board Member		
Alicia McCready	Board Member		
Jennifer Beilner	Board Member		
Ramona Sawatzky	Board Member		
Brandy Armer	Board Member		

Vision Statement

To improve the quality of life for Indigenous People living in an urban environment by supporting self-determined activities which encourage equal access to and participation in Canadian Society and which respects Indigenous distinctiveness.